

Couple Satisfaction Questionnaire

Name: _____ Date: _____

Questions:	<i>Very True</i>	<i>Fairly True</i>	<i>A little True</i>	<i>Not true</i>
	0	1	2	3
I want my relationship to succeed	0	1	2	3
I will do all I can to make it succeed	0	1	2	3

Many people, at one time or another, get physical with their partners when they are angry. For example, some people threaten to hurt their partners, some push or shove, and some slap or hit. Please indicate approximately how many times the behaviours below have occurred in the **last year**. I will review your responses and discuss them with you as relevant.

_____ When my partner and I had a disagreement or argument, **I engaged** in an act of physical aggression against my partner such as pushing, slapping, shoving, hitting, beating, biting, throwing things, preventing escape or some other act of aggression.

_____ When my partner and I had a disagreement or argument, **my partner engaged in** an act of physical aggression against me such as pushing, slapping, shoving, hitting, beating, biting, throwing things, preventing escape or some other act of aggression.

_____ All things considered, I do not feel I can express my opinion at times without fear of physical reprisal from my partner (e.g., partner physically punishing me for what I have said).

Please describe a recent interaction between you and your partner that is typical of the **positive features** that are still part of your relationship.

Please describe a recent interaction between you and your partner that is typical of the **problems** for which you have come to therapy.

If you woke tomorrow with these problems solved, **what would you be doing differently?**